

# WARTBURG TRUMPET

**Boo!**  
Students act out a ghost story on campus

4

**Picture this!**  
A new art exhibit hits the Waldemar A. Schmidt Art Gallery.

5

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100 WARTBURG BLVD., WAVERLY, IA 50677

## H1N1 vaccines available at Wartburg clinic

EMILY SCHMITT KNIGHTLIFE EDITOR

The Noah Campus Health Clinic received 100 doses of the H1N1 vaccine last week. Nearly 20 doses were distributed within the first two days of receiving the vaccine.

The clinic has received many inquiries from students, faculty and staff about receiving it. The vaccine is not necessary if you have already been sick, Denise Miller, a registered nurse at Noah Campus Health Clinic, said.

"If you've already had a case of Influenza A, then you're immune so there is no need to get the vaccine," Miller said.

She said 99 percent of Influenza A cases are thought to be the H1N1 strain.

The Visiting Nursing Association (VNA) of Waterloo provided the clinic with the vaccines. The VNA has set guidelines for those able to receive the vaccine, based off of guidelines set by the Iowa Department of Public Health.

Currently, those able to receive

See NOAH HEALTH page 2

## Capstone class canceled due to low enrollment

JASON MEYER STAFF WRITER

Some Spanish majors are adjusting their schedules after their Winter Term capstone course was canceled after the minimum number of students enrolled was not met.

Wartburg College policy states that a minimum of six students need to be registered in a class. The Spanish capstone class had only four students registered.

Boerigter said that the cancellation of last May Term's trip to Mexico may have played a role in the low enrollment of the capstone course.

"A lot of students decide to major in Spanish based on a positive experience in Mexico," Boerigter said.

Boerigter said allowing juniors to take the capstone class ahead of time in case of scheduling conflicts in their senior year has affected attendance numbers as well.

Students who were supposed to take the capstone class were given other options to replace the class such as taking the English major capstone class, cultural history of

See SPANISH DEPARTMENT page 4



Students wrote messages on the wall, built to commemorate the 20th anniversary of the fall of the Berlin Wall.

Fall of the Berlin Wall: Twenty Years Later

## Breaking down the barriers

On Nov. 9, 1989, the Berlin Wall came down. Two decades later, the event serves as a reminder of present barriers in the world.

MAC SLAVIN EDITOR-IN-CHIEF

Wartburg was one of thirty colleges around the country that helped the German embassy celebrate the 20th anniversary of the fall of the Berlin Wall last week.

"It's an interesting thing to reflect on. When I was a kid growing up, and well into my adult years, I just thought the wall would be there forever. The only way the wall would disappear would be if the Soviets and Americans finally had the war—if the Cold War turned hot. It's amazing how I considered the Berlin Wall part of the permanent furniture of the world," Wartburg President Darrel Colson said.

On Nov. 7, a wall, complete with graffiti, was built on campus. Last Friday, students, faculty and community members were present to see it torn down. German Ambassador James Bindenagel was on hand to watch the event too.

"We are here to commemorate a historic event that brought about

so many different changes in the lives of not only Germans ... but throughout the world, because your world is very different without the wall," co-coordinator of Wartburg's "Freedom without Walls" celebration and Germany history professor Daniel

Walther said before the wall was torn down.

He proceeded to talk about the various barriers that still exist today, including the southern border of the United States and the barrier that separates the Israelis and the Palestinians.

"They exist and we feel them, some of those borders are in our hearts and in our minds," he said.

Before tearing down the wall, students were invited to write down barriers they still believe exist in today's society. People were then invited to swing a sledgehammer through the wall.

"Symbolically this will be a step in the right direction that we will overcome those barriers that still exist today in our lives," Walther said.

The week-long celebration was kicked off with a charity run and also included a forensics competition, graffiti competition and a gala.

Colson thought the event went well, and was happy to be involved with something on an international level.

"That's a special thing, the German Ambassador knows about it, a lot of [German] politicians know about us and value us. That's a remarkable thing. We are in the middle of these cornfields of Iowa and are very well known in the heart of the European Union," Colson said.

Contact Mac Slavin at  
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*"I just thought the wall would be there forever; and the only way the wall would disappear would be ... if the Cold War turned hot. It's amazing how I considered the Berlin Wall part of the permanent furniture of the world."*

—President Colson



Tim Flores puts the finishing touches on his portion of the wall built on the south end of campus on Tuesday.



Daniel Walther references the wall Tuesday afternoon after the graffiti artists' explained their work.

Graphic by Spencer Albers  
Photos by Amanda Gahler



# NEWS



**Amanda Gahler/TRUMPET**  
Michael Stevenson, Morgan Foley, Dean Pieper and Johanna Smrcina enjoy a laugh while participating in the CROP walk on Sunday.

## Students walk to end hunger

ELLEN KURT ASSISTANT NEWS EDITOR

Wartburg students and Waverly community members joined together this weekend in an effort to spread awareness about world hunger through a CROP walk.

CROP stands for Communities Responding together to Overcome Poverty and the walk is something the Waverly community usually does in the spring.

Members of Manna and Students for Peace and Justice organized the walk that started at "The W" and walked 18 blocks around residential Waverly.

"This is a great opportunity for students and community members to come together to make a difference," John Maybee, president of Manna and leader of the CROP walk, said.

The Rev. Russell J.A. Melby, regional director of the Iowa office of Church World Service, coordinated the walk and agreed with Maybee.

"I think there needs to be a bridge between the Waverly community and Wartburg. It's great to see schools getting involved in this CROP walk and when you have community there too, it just makes it that much

better," Melby said.

In an effort to get more students involved this year, the walk was moved to late fall and was chosen as the kick-off event for St. Elizabeth Week.

"Not all of the student leaders [wanting to be involved in this event] are on-campus for May Term, so it's hard to put something like this together without everyone," Maybee said.

Maybee said out of the approximate 50 people that walked, 29 were students.

"We had a great turnout this year and we are happy to see all these people helping such a great cause," Michael Stevenson, participant, said.

Maybee was asked by The Rev. Ramona Bouzard to lead the CROP walk earlier this school year. He said he believes there will be more student involvement in St. Elizabeth week this year.

"We're on track to make about \$1,000 by the end of St. Elizabeth Week," Maybee said.

The money specifically made from the CROP walk will go to Heifer International, Self-Help International and the Northeast Iowa Food Bank.

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## Noah Health Clinic expected to receive additional vaccines

FROM PAGE 1

dose are pregnant women, persons who live with or provide care for infants, children 6 months to 4 years old, youth 5 to 18 years old who have medical conditions that put them at risk and those 18 to 24 years old who have medical conditions that put them at risk.

The clinic is currently targeting those 18 to 24 years old who are at a higher risk for influenza-related complications due to a medical condition. Miller said people ages 25 to 64 with similar medical conditions will likely be allowed to receive it this week.

She said she expects the clinic will receive more doses of the vaccine once the guidelines broaden and more people qualify to receive it.

"It's going to depend how many we go through," Miller said. "We have to turn in numbers to the VNA and let them know how

much of it we're using and how many more people we think are out there that we feel need it still."

Miller said the vaccine is worthwhile for everyone to get, unless they've already had H1N1. The clinic has seen a lull in patients with Influenza A since fall break, but she said H1N1 is still a threat and people should continue to take precautions.

To receive a dose, you must fill out a form at the clinic that asks if you fall within the guidelines set by the VNA. Those who do not yet qualify may be put on a list to receive the vaccine if guidelines broaden.

The vaccine is free because it was provided by the government through the VNA. The clinic will charge an \$18 fee for administering the vaccine.

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## Former Wartburg security officer dies

JACKIE ALBRECHT NEWS EDITOR

Former Wartburg security officer Glade Mogle, 45, died Nov. 6 from a heart attack.



my senior security officer. Nobody

Mogle worked at Wartburg for 13 years before resigning in August.

"He was

worked longer than him," John Myers, director of campus security and safety, said.

While at Wartburg, Mogle worked a variety of security shifts and was instrumental in fighting a fire in Hebron Hall in the early 2000s, Meyers said.

"He was very committed to security and safety," Myers said.

President Darrel Colson said Mogle's death was tragic.

"He died so prematurely. It's a lesson to us all: life is a precious gift," Colson said.

A memorial service was held Wednesday in Waterloo.

Mogle graduated from Hudson High School in 1983 and pursued a career in security following graduation. Prior to Wartburg, Mogle worked as a security guard at the Waterloo Holiday Inn. He enjoyed collecting toy tractors and cars.

Mogle is survived by a half-sister and half-brother, both of Oregon and four cousins. His parents preceded him in death.

Contact Jackie Albrecht at  
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**Amanda Gahler/TRUMPET**

Jim Loveridge talks about what the Board of Regents does and urges students to be sustainable during a student senate meeting Thursday. Senate is working to foster a stronger relationship with the board.

## Regents member addresses student senate

MAC SLAVIN EDITOR-IN-CHIEF

In an attempt to get students to understand what Wartburg College's Board of Regents does, Jim Loveridge gave a presentation to student senate Thursday.

"It was really great to see that the board members are willing to come in and explain the process, especially since most of our senators don't get to interact with the board," Student Body President Abhay Nadipuram said.

Loveridge, a regent and an alumnus, explained to senate that the Board of Regents is made up of 26 members looking to guide Wartburg College in the pursuit of its mission.

Loveridge said two of the 26 members are from Germany.

"They don't speak English, but it's really kind of neat, because

they sit there and everything is translated," Loveridge told senate.

Loveridge also talked about

*"It was really great to see that the board members are willing to come in and explain the process."*

—Abhay Nadipuram,  
Student Body President

the various committees on the Board of Regents. There are seven committees. He has served on two of them, student life and academic affairs.

After telling senate about the

board, he switched his focus to sustainability and encouraged students to be sustainable.

Nadipuram said he wanted to have board of regents members to be more visible.

"We want to invite them to campus more often and talk directly to students more, so hopefully we can build a strong personal relationship," Nadipuram said.

Nadipuram said he talked to Loveridge over homecoming weekend and asked him to come to campus and build a connection with students.

He wants them to know that students are putting forth a good effort because the board of regents puts in a lot of work as well.

Contact Mac Slavin at  
Mac.Slavin@wartburg.edu

How will YOU get involved this St. Elizabeth's week?

November

Sunday	Monday	Wednesday	Thursday	Saturday
15	16	18	19	21
<b>CROP Walk</b> Help take a stand against world hunger by walking to raise money for local charities.	<b>Dorm Storm</b> Have your plastic grocery bags ready when Students for Peace and Justice storm your dorm.	<b>Poverty Simulation</b> Get a glimpse of a life of poverty as you camp out for a night with other students.	<b>Food Sorting/Packing</b> Help sort and pack food for underprivileged kids using the bags collected from the dorm storm.	<b>Habitat Work Day</b> Spend your Saturday building homes for families in need in the Cedar Valley area.

For more information visit contact VAC@wartburg.edu



## OPINION &amp; EDITORIAL

## TRUMPET EDITORIAL: Use the resources you pay for with student fees

Students know where their money for tuition, room and board goes—those are self-explanatory—but what about the \$800 student services fee on their bill?

Some students moan and groan about giving Wartburg what they deem to be obscene amounts of money to attend college here, without considering what they are paying for. Some of these services, if taken advantage of, could actually make their lives easier and more entertaining.

One-fourth of a student's \$400 charge each semester goes to campus activities, recreation opportunities, homecoming and student

senate. That includes amenities in the student center, library, Pathways, the health center and toward technology.

This means students are paying for things like tutoring and the Writing, Reading, Speaking Lab in Pathways or for ITS to help hook up the Internet when students move in or attempt to mend their computer when it blows up. If students aren't using these services, they are just generously giving the college their money.

So where does the other \$300 paid by each of the 1,800 students each semester go?

It goes into the college's "general

fund" and is used on anything and everything.

Rich Seggerman, chief business officer and treasurer, said the biggest expense the college has is "financial aid, then certainly salaries and benefits for faculty and staff, department budget expenses, utilities, student wages, all those kinds of things." So three-quarters of the undefined "student services fee" goes into the big pool of money, and is spent at the college's discretion to make up for other revenue shortfalls.

Although students can't identify exactly where every dollar of their student fees go, they should take

advantage of the resources they know they help pay for.

More than \$120 of each student's yearly fee goes to Entertainment ToKnight. This covers events on campus and helps to co-sponsor "movie rights for film screenings, costs to bring guest speakers or events such as the Drag Show," ETK Vice-President Anna Javelana said. Co-sponsorships are also available for student-led events on campus.

Student Senate, which gets more than \$60 from each student's fees per year, uses some of the money for the student newspaper reader-ship fund and Outfly.

Students are paying for these opportunities and entertainment, but are they aware of that?

Even though the general fund is, as Seggerman said, "a pot that helps to support the institution overall" consisting of various college revenues—including 75 percent of our student fees—its use cannot be fully pinpointed.

But students should know part of their student fee is going toward helpful services, entertainment and support to get them through college; it's up to them if they want to take advantage of what they are already paying for, or are content to keep paying and complaining.

## TRUMPET

PRODUCED WEEKLY BY STUDENTS AT WARTBURG COLLEGE  
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Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the communication arts office or e-mailed to [trumpet@wartburg.edu](mailto:trumpet@wartburg.edu). Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.

## WHAT'S ON YOUR MIND: Knowing the importance of self-care

KYLE FLEMING GUEST COLUMNIST



For most of this week, I've been on the verge of the first breakdown of my college career. Between requirements

I need to fulfill as a music major (recitals, lessons, ensembles, etc.), my overload of classes, work and my involvement in extracurricular activities, I have a lot on my plate.

Add to that the occasional bout of anxiety and depression, and you have a lethal combination of stress and worry that could easily take down a medium-sized elephant. Thankfully, I have not succumbed to the pressure yet.

I've noticed that with many college students, the focus is more on passing classes and making friends rather than taking care of themselves. I know I've engaged in my fair share of all-nighters, sitting on the computer with only a can of Monster energy drink at my side. It's an unhealthy practice that far too many of my colleagues participate in.

This is why practicing self-care is so important. If we do not take care of our bodies, later on in life, it will catch up to us, either in poor

health, poor focus or even an early death.

These are some of the things that I do every day that researchers say are important to good health:

**Take time for yourself:** even if you can only spare a few minutes a day, take the time to stop what you're doing and relax. Meditate, take a long shower or do something that will help you let go of the outside world and focus on yourself.

**Find some comfort:** studies find that the more comfortable someone is, the better they feel. Do something to help relieve your stress: write in a journal, wrap yourself in a blanket or head to the Den for your favorite comfort food.

**Do something mindless:** a recent study shows that playing Tetris or other mindless games helps reduce the rate of Post-Traumatic Stress Disorder in soldiers returning from war. If it gets your mind off of your piles of homework, it'll work.

**Spend time in nature:** honestly, when was the last time you noticed what color the leaves were? A nice walk to the river might be just the thing for that burnt-out feeling.

If you follow these tips, you're sure to have a healthier, happier life.

Contact Kyle Fleming at [Kyle.Fleming@wartburg.edu](mailto:Kyle.Fleming@wartburg.edu)

## A WORD FROM THE WISE: Speak your mind!

JETTE IRGENS  
PATHWAYS ASSOCIATE FOR THE WRSL



How many of us walk around with things unsaid or without finding the words to say precisely what we want to share with others?

How often do we give up when searching for that perfect phrase that would allow us to express ourselves?

Working every day with ambitious students who are intent on learning better ways to set words to their thoughts has caused me to think about how much we short-change ourselves if we do not work on our abilities with words.

One way we can be inspired, and

learn words and ways to express our thoughts, is by reading.

I do not mean mindless reading—where your eyes may have looked at all the words, but you have taken nothing in. I mean intentional, mindful reading. This kind of reading takes time and skills, skills that must be learned.

It comes with a reward: it will strengthen your own ability to formulate and express complex ideas and complicated feelings—the real stuff of life. If you do not have a way with words, will you be able to make others understand who you are, what you want and what you can do?

The biggest transition for most students coming to college, regarding their classes, is reading.

Here one has to read a lot and read in many different ways (pre-viewing, skimming, speed-

reading and critical reading).

On top of that, one must figure out when to read in which way.

Further, the vocabulary changes drastically. This can be upsetting to some: "Why does the professor/author have to use these fancy words? Why can't she speak like normal people?"

It is because she has something very particular she wants to say, something that cannot be said in any old way—she wants to make sure that what she says will be understood the way she meant it.

Working with words is not only about papers, reports and other school assignments, it is about developing yourself—the way you are able to think.

It is about being able to speak your mind.

Contact Jette Irgens at [Jette.Irgens@wartburg.edu](mailto:Jette.Irgens@wartburg.edu)

## Choice Words | WARTBURG SOUNDS OFF

"Dear R.A.: it's not just me! All of my roommates want you!"  
- Mistress in the Manors

"Dear awkward bicyclist on the street: please don't talk to me during my walk of shame. You're weird and creepy."  
- Target For Creepers

"Dear Mensa: obviously the comment cards are not working because not much has changed. Sorry, but chunky, rotten milk is not my cup of tea. Please serve us like we pay \$8 a meal. Thank you, dear Mensa."  
- Cafeteria Complainer

"I am living in a petri dish full of sick roommates. Help!"  
- Self-quarantined

"Dear sassy garden girl: borrow some cauliflower from the Wartburg wrestlers."  
- Carnivore

"Dear smelly pants guy: smelly pants go in the washer to get washed, not the dryer to stink up the whole laundry room. Thanks!"  
- Concerned Laundry Room User

"Dear Wartburg security: if I can't see my camo beer, can you?"  
- Incognito

"People! It's 60 degrees out, and you have a T-shirt on...you don't need to wear your Uggs boots!"  
- Podiatry Correct

"Between my addictions to Stumbleupon.com and Mylifeisaverage.com, this paper will never get written. Oddly enough, I'm OK with that."  
- Procrast N. Ator

"Hey Castle Singers: is it really NECESSARY for a choir to get sweatpants?"  
- Prefers Clean And Polished

"I just want to thank whoever took my wet clothes out of the dryer so they could dry their's. You're classy."  
- Wet And Upset

"Dear friend: I know that you think you are doing a good thing by recycling, but it is ironic that you leave the light on in the recycling room! Please turn it off!"  
- Green Machine

"Dear fed up with creeps: you are now my new girlfriend. I like them feisty."  
- Creeper With A Crush

"To the guys in the Mensa who take three or four drinks at a time: you hold up the line. Just take one glass and then get a refill."  
- Also Thirsty

"Just because you turned 21 does not mean you need to post every shot you took and every post-shot thereafter. I know what alcohol is, and I know what it does. Just wanted to tell you everyone can see your stupidity, including your employer."  
- Careful Before Posting

THE WARTBURG COLLEGE  
**Circuit**  
[www.wartburgcircuit.org](http://www.wartburgcircuit.org)

Choice Words is dedicated to the (truthful?) expression of the students, faculty, staff and alumni of Wartburg College. Want to share your thoughts, observations or wisdom? Serious or delirious, it's time that you're heard! The Trumpet reserves the right to censor inappropriate and libelous comments.



## NEWS

## Sociology class focuses on peanut allergy awareness

MARIBEL LOPEZ STAFF WRITER

Wartburg's sociology communities class, led by Professor Jessica Herrmeyer, is working on a project to increase public awareness of nut allergies.

The issue of nut allergies was chosen for the project because nut allergies are the most common food related death and the number of children being born with nut allergies is increasing, Herrmeyer said.

The nut allergy project students hope to encourage the local population into action on the school, community and political fronts, while meeting the goals of the college and class.

For the class, it is a meaningful way to get involved in a community and learn about its structure in a real life experience by trying to create change within it, Herrmeyer said.

The group's main goal is to create hot lunch programs that are safer for all students in the Waverly-Shell Rock and Janesville school districts.

Herrmeyer has a child with a nut allergy and said that there are about 10 other school-aged children in the community with nut allergies.

Currently, more than three million Americans suffer from nut allergies and only 20 percent of children who have nut allergies will

grow out of it, Herrmeyer said.

JoHanna Smrcina said that even though she does not have a peanut allergy, it is important to raise awareness.

"With the increasing number of cases of nut allergies, it is not unexpected that as we grow up, our children will be much more likely to be born with this allergy," said Smrcina.

A forum was held at the Waverly Public Library Monday night, where four members of the class spoke about different aspects of nut allergy awareness, providing the public with the opportunity to learn about all aspects of the allergy and the group's project details and goals. Nut-free snacks were available for sampling.

The project was developed by the communities class with the help of the Center for Community Engagement director Dan Kittle and the service-learning coordinator Renee Sedlacek. It will last through the rest of the semester and when it ends, the students may continue to work on it as an independent study if they choose.

Herrmeyer said people who are interested in getting involved can by join the Facebook Nut Free Awareness group.

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## Spanish department works to inform underclassmen

FROM PAGE 1

Latin America course, complete an arranged study or an internship.

Spanish major Ashley Blosch has elected to do an internship at the Nuestra Raza Community Center in Waterloo next semester.

"It would have been nice to have one more class with Dr. Boerigter before getting a job out in the real world and using my Spanish," Blosch said. "If he's going to accommodate me and help me make sure I get what I need, then I'll be OK."

Danielle Anderson will be attending the May Term trip to Mexico and will have work assigned to make it equal to a capstone class.

Anderson said that the Spanish capstone class was not one she wanted to take because her main focus is in business.

"I wasn't too upset about

it," Anderson said. "I want to supplement my business with Spanish."

Boerigter said the Spanish department is concerned with the future of the class after low student numbers this year. He said they are working with students in the beginning Spanish classes to prepare them for the culture of their major.

He said they will try to get Spanish students informed and involved in a study abroad program in their junior year. He also said they will suggest to Spanish minors that they consider a Spanish major.

"A lot of students at Wartburg aren't aware of how it is a great opportunity," Boerigter said.

Contact Jason Meyer at  
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Amanda Gahler/TRUMPET

Jesse Fehr, Karen Summerson, Mary-Kate Arnold and Stephanie Evans act out a portion of the winning ghost story. Actors are members of the Wartburg Players and Forensics Team.

## Ghost story contest highlights student writing

GRETTA STARK STAFF WRITER

Sarah Chase, the winner of the Writing Reading Speaking Lab (WRSL) ghost story contest, watched her story acted out by Wartburg Players and Wartburg Forensics on Tuesday.

The WRSL was looking for a story that was suspenseful, well-written and easy to act out.

Jette Irgens, Pathways associate for the WRSL, said choosing the winner involved a lot of discussion, but the winning story fulfilled all the requirements.

"Sarah Chase's story created suspense right from the beginning and also had a humorous way of involving Wartburg elements," said Irgens.

Some of the Wartburg elements Chase included were the Wartburg Knight, Georg Grossmann and even the mission statement.

The story was selected by a committee of faculty members and students consisting of Cynthia Bane, Amy Nolan, Bob Knox, Chris Haymake, Derek Nash and Jette Irgens.

Irgens came up with the idea of a ghost story competition to emphasize aspects of writing other than class assignments. Irgens then decided to involve the Players Troupe and Forensics Team.

"I believe in collaboration and thought it would be a fun part of the prize for the winner to see his or her story acted out," said Irgens.

Chase won a \$20 gift certificate from the bookstore, but said seeing her story acted out was the best part of winning.

"I think a writer always hopes to see their work performed, so that was a very exciting thing. I think that's what intrigued me the most was even if I didn't win, to be able to see someone's—possibly one of my friends—story performed," said Chase.

Mary-Kate Arnold, president of the Wartburg Players, said preparing to act out Chase's skit was

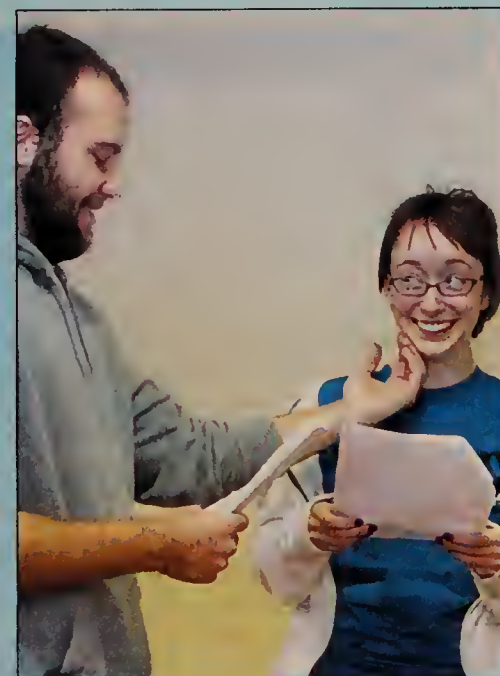
fun.

"The story really lent itself to being a script. It already came with sound effects and dialogue so we just put those into motion," said Arnold.

Arnold said Players was happy to be asked to help act out the winning ghost story.

Irgens said the WRSL will be holding another ghost story competition next year. The WRSL is also planning a love poetry workshop for Valentine's Day.

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Amanda Gahler/TRUMPET

Karen Summerson glances at Jesse Fehr, who played the ghost of Georg Grossmann.

# THE Duo

## Reality TV comes to Wartburg

Thursday, April 15, 2010 in Walston-Hoover Stadium

Name: \_\_\_\_\_

Partner's Name: \_\_\_\_\_

Year: \_\_\_\_\_

Email: \_\_\_\_\_

There will be \$10 entry fee for each team if selected that will go towards a CASH PRIZE for the winning team.

Return completed applications to the Communication Arts Office or Box 505 by FRIDAY, DECEMBER 11, 2009

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## KNIGHTLIFE

# Full-time Volunteering

*Recent grads transition from service at Wartburg to full-time volunteer work in Washington, D.C.*

EMILY SCHMITT KNIGHTLIFE EDITOR

Two Wartburg graduates have taken what they have learned through service while wearing orange and black to Washington, D.C. to work in the social justice field.

Both Sydni Williams and Sarah Frazell graduated in May and are now working with the Lutheran Volunteer Corps (LVC) in Washington, D.C.

LVC places full-time volunteers at more than 100 social justice organizations and ministries in 16 U.S. cities.

Williams is the community outreach coordinator for N. Street Village, which offers housing and support for homeless and low-income women in the city.

"I eventually want to go to law school and then work in policy, but before doing so I believe I needed some direct service to truly understand the issues I was dealing with," Williams said.

"You can only learn so much through books and study, but when you fully immerse yourself in the problems you have a deeper and more personal understanding."

Williams manages in-kind donations and works with volunteer groups. She updates N Street Village's online wish list and coordinates the four donation drives that occur during fall and winter each year.

Frazell is an intern case-

worker at Samaritan Ministry of Greater Washington, an organization dedicated to helping people who are homeless or in need.

Frazell works with its Next Step Program, where she helps people in need develop goals to overcome hardship in their life and identify ways to reach those goals. She is planning to start a life skills program in the spring.

"Because I plan on going to graduate school next year to get my master's in social work, my LVC position has allowed me to get more hands-on experience and zero in specifically on what type of social work I would like to study [mental health and substance abuse]," Frazell said.

LVC provides community housing for Williams and Frazell, which both said is a great transition from residential life at Wartburg.

They are enjoying living in Washington, D.C., where Williams can walk two blocks and see the White House.

She said the diverse neighborhood she lives in has helped her appreciate the opportunities she has had in life.

Frazell has learned to live simply because of her strict stipend for housing and food. She has learned to take advantage of public transportation and free events in the city.

"I feel it has been a great bridge between the safety of

the Wartburg community and 'the big world out there,'" Frazell said.

She and Williams both appreciate the work they are able to do with social justice issues this year, experience that will help them as they begin graduate school.

"Lutheran Volunteer Corps has provided a wonderful step in my development as a person by giving me intense learning opportunities and real world experience in social justice that will stay with me forever," Williams said.

Frazell agreed that LVC is a great learning experience. Because her brother had worked with LVC, she was familiar with the program. She wanted to live and work in an urban area and knew LVC would help her do that.

Williams was also excited to work in Washington, D.C.

"Taking part in Lutheran Volunteer Corps was a perfect step for me after Wartburg," Williams said.

"Wartburg was a wonderful time in my life and the experiences I had there helped prepare me for the challenges and excitement of this new city and position."

For more information about Lutheran Volunteer Corps, go to [lutheranvolunteercorps.org](http://lutheranvolunteercorps.org).

Contact Emily Schmitt at [Emily.Schmitt@wartburg.edu](mailto:Emily.Schmitt@wartburg.edu)



Amanda Gahler/TRUMPET

Kaleye Kivinda views Jim Vecchi's exhibit, "Project India—The Road to Pondicherry." The exhibit will be on display in the Waldemar A. Schmidt Art Gallery through Dec. 14.

## Art gallery displays Indian-inspired art

PHOEBE GYAMERA STAFF WRITER

Wartburg College's Waldemar A. Schmidt Art Gallery's newest exhibit characterizes two photographic and multimedia works and three videos made while the artist was an artist-in-residence in Auroville, in southeast India.

Jim Vecchi's exhibit, entitled "Project India—The Road to Pondicherry," encapsulates the artist's experiences in an experimental community near Pondicherry, Auroville.

"My artworks are a reflection of my on-going search for meaning. I rely on beauty and the act of seeing to explore, question and reinterpret the way that we perceive the world," Vecchi said.

"For many years I lived near the ocean. It heartened me to watch the common ritual performed by individuals as they approached the water's edge."

Vecchi said the road to Pondicherry is the result of his many walks along the heavily traveled East Coast Road that runs between Auroville and Pondicherry in India.

"During each moment of this hour and a half walk I found myself enveloped in a near overwhelming mixture of sounds, heat, smells and constant change," said Vecchi.

"Amidst this mesmerizing chaos, I found my eye and camera drawn to small, quiet moments that seemed to float serenely amidst the mesmerizing chaos."

Vecchi said that he was pursuing a Ph.D. but gave up after realizing he wasn't passionate about it.

From there, he worked part-time with a professor who did economic consulting for 20 years. This was an avenue for him to explore and discover himself.

"In 1981, I took a motorcycle trip across the United States and Canada—covering about 1,100 miles in 45 days," Vecchi said.

"For this trip I bought a small plastic camera and took a few photos which I liked...from there I bought a 35mm camera and photography pretty much took over my life."

Rebecca Hackemann, assistant professor of art at Wartburg, went to school with Vecchi at Stanford and said the art department was very impressed with his form of art when they were reviewing artists to showcase.

"I love how he juxtaposes small things like the hand painted billboards," Hackemann said. "He also makes decay look so interesting and beautiful."

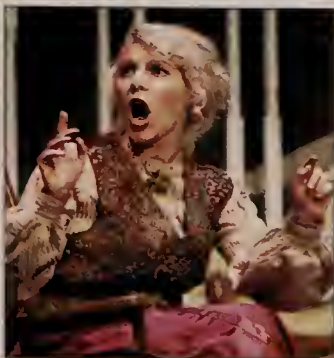
Vecchi will visit Wartburg Nov. 24 to discuss his art with Hackemann's photography class. Anyone is welcome to attend the 1 p.m. class in the art department classroom to learn about his work.

"I hope that my artwork makes people think and feel," Vecchi said.

Contact Phoebe Gyamera at [Phoebe.Gyamera@wartburg.edu](mailto:Phoebe.Gyamera@wartburg.edu)

## Wartburg Players perform 'The Little Foxes'

"The Little Foxes," written by Lillian Hellman, was a story of three siblings who plot against, steal from and deceive each other. Below: Oscar (Mitch Grubb), Leo (Matt Hodak) and Ben (Jesse Fehr) discuss a business deal. They ask their sister, Regina (Mary-Kate Arnold, right), to contribute money to the deal. She plots against them for a larger share of the income from the deal in exchange for her money. Some of the characters in the story are forced to choose between money and love.



Amanda Gahler/TRUMPET



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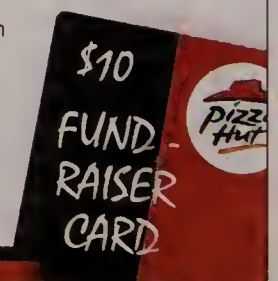
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## SPORTS

## Women fall short in season debut

ANDREW NOSTVICK SPORTS EDITOR

The Wartburg women's basketball team lost in their home opener to St. Thomas, 67-61 on Sunday.

"I thought overall we played our defensive principles well and I happy with that, I think we're a team that has enough weapons that its going to be someone

different putting up points each night, which is what you want," head coach Bob Amsberry said.

The Knights and the Tommies battled back-and-forth in the first half with several lead changes.

The Knights were ahead by six at one point in the first half. However, Wartburg found

themselves behind, 37-34 at halftime.

Samantha Harrington opened the second half with a three pointer to tie the game.

The game was back-and-forth once again in the second half.

The Knights had a 47-45 lead with 11 minutes left in the game, but the Tommies went on a 15-4 run over a eight-minute period to take control of the lead and the game.

"What we needed to do well and that's playing great defense and controlling the temp," Amsberry said. "I think for the most part we did that, we went thru a stretch in the second half where we didn't get anything to fall."

Harrington led the Knights with 15 points on 6-of-13 shooting.

For the Tommies, Rachel Booth led all scorers with 20 points on 9-of-14 shooting.

She added nine rebounds in the winning effort. Amsberry said Booth was a dominant player.

"I thought we did an adequate job on her, but she's tough. When they need a bucket they can go to her," he said.

Katie Zittergruen had the second most points for the Knights picking up 13 points on five-of-12 shooting. Zittergruen and Stephanie Reiter had a combined 10 rebounds for the game.

The Knights will head up to St. Peter, Minn. next Monday to face Gustavus Adolphus. Tip off is set for 7:30pm.

Contact Andrew Nostvick at  
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Amanda Gahler/TRUMPET

Katie Zittergruen shoots a contested basket against St. Thomas' Rachel Booth at the Buzz Levick Arena on Sunday.



Photo Courtesy of Sports Information

Mike Miniaci and Matt Haager battle for the possession against Chicago.

## First NCAA win since '06

FROM PAGE 8

give up a goal, which happened today," Hedrington said. "Normally we try to preserve the lead. We never want to give up goals. Coach wants us to keep pressing, get more goals."

The Maroons made numerous attempts to tie the match late, which included seven corner kick opportunities alone in the second half.

"We've had some great performances for 85 to 88 minutes and sometimes we've let some teams into the door and we didn't do that today," Buchholz said. "Which was again a little maturity of our team the last couple of weeks

where we've really stepped up and finished games."

Trent Michael finished the match with four saves.

"Once we got that second goal, I looked at the clock and I was like 'wow there's still a lot of time left,'" Michael said.

The Knights finished the season with a 16-4-2 record.

The Knights appearance in the NCAA tournament was their seventh straight. The win over the Maroons was their first NCAA tournament win since they defeated Gustavus Adolphus in the second round of the tournament in 2006.

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## Top five Knights' fall sports moments

FROM PAGE 8

Evans captured top honors in flight C.

## 4. Soccer ranked top seven

After going 25-0-2 the women's soccer team was atop the national polls, and made it as high as seventh. These women played great soccer all year, but the Knights were thrown a curveball in the final weeks of the season as injuries kept some key players out of the games. The Knights ended an amazing season in the Iowa Conference tournament

## 3. Women's cross is headin' to nationals

The Wartburg women's cross country program isn't a stranger to the national race, and is returning again this year. This year's team brings a ton of experience with them. Anna Kraayenbrink has lead the way for the Knights this season as she finished second in the regional meet on Saturday.

## 2. Volleyball battles Luther in five

After blanking Simpson in the first round of the Iowa Conference tournament, the

Knights battled back from being down 2-0 to beat the Norse 3-2. After the battle, the Knights fell to Simpson in the championship match; but the Knights have to keep their heads high because they played great volleyball.

## 1. Knights top upset Loras in IIAC Championship

After 107 minutes of play, Luke Prater took a Brandon Cook pass and turned it into a goal to give the Knights a birth to the national tournament.

Prater's goal helped the Knights upset the No. 3-ranked Loras Duhawks on their own turf. This is the second year in a row the Knights have upset the Duhawks in the conference tournament.

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## Knights head to Cleveland

FROM PAGE 8

men ran," Johnson said. "With how young they are and they are still running better than last years team that had any seniors at all, that makes for an exciting future."

The Knights finished 11th overall 270 points.

St. Thomas won the meet with 116 points beating Nebraska Wesleyan with their sixth runner to win the meet.

The women will continue to run next week at the NCAA Div. III national meet at Highland Hills Golf Course in Cleveland, Ohio.

Races are scheduled to start at 11 a.m.

Contact Drew Schrader at  
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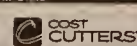
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## SPORTS

## Knights defeat Simpson in final outing of the 2009 season

LUKE ULLESTAD  
ASSISTANT SPORTS EDITOR

Despite being down 14-0 in the first quarter, the Knights topped Simpson 42-31 on Saturday.

"It was a tough ball game. We didn't get off to a great start. We hung in there and kept battling and that's what we've been trying to do all year," head coach Rick Willis said.

The first score came from a three-yard touchdown run by Jake Rissi and the second came from Renauld Shelton on a 20-yard run.

"I would be lying if I said I wasn't a little nervous when they took the 14-0 lead early on, but I always have the confidence in the team and myself that no matter the deficit we have the capability to overcome any lead," Nick Yordi said.

Wartburg responded late in the opening quarter with a touchdown run from Reese Thompson to move the score to 14-7 at the end of the first quarter.

Rissi found the end zone once again in the opening minutes of the second quarter on a one-yard rush, increasing the Simpson lead to two touchdowns, 21-7.

Later in the quarter, Nick Yordi connected with Levi Helbling on a 26-yard reception for a touchdown. Then, with 3:37 left in the half, Yordi found Helbling once again in the end zone for a

29-yard touchdown reception, tying the score at 21.

Helbling finished with five receptions for 107 yards and two touchdowns.

Yordi finished 14-for-25 through the air for 248 yards and two touchdowns.

The Knights came out of the tunnel and scored first in the second half on a one-yard touchdown run by Reese Thompson to give Wartburg their first lead of the game, 28-21.

Thompson's rushing score with 11:41 left in the third quarter was the only score for either team in the quarter.

During the first minute of the fourth quarter, Yordi rushed for a five-yard touchdown to move the score to 35-21.

After an eight-play, 43-yard drive, Simpson answered with a field goal with 11:43 left to go in the game. The Knights led 35-24.

With 3:18 to go in the final quarter, Kyle Winfrey scored on a nine-yard touchdown run to put the Knights in front 42-24.

Winfrey finished with 25 carries for 146 yards rushing and one touchdown.

The Storm scored one last time with 54 seconds left when Tyson Unkrich passed to Taylor Rogers for a 5-yard touchdown reception to move the score to 42-31.



Photo Courtesy of Sports Information

Reese Thompson dives into the end zone for a one-yard touchdown during Saturday's game against Simpson.

The Knights' victory gave them their 17th consecutive six-or-more win season.

Willis said it's big for the seniors to finish with a win.

"They've been a great group and they've done a lot for our program. I'm really happy for them to finish on a high note. It's big for our football program as a whole," Willis said.

Yordi tied Matt Wheeler, for 59 career touchdown passes. Yordi

also set the Wartburg record for career passing yards with 7,811 and career pass completions with 615.

"It means a lot for me to be in the same company as Matt, unfortunately I have never gotten the chance to meet him, however he is clearly one of the best quarterbacks to ever play at Wartburg and to be mentioned with him is really special to me," Yordi said.

Willis said Yordi was a heck of a player.

"It's always fun when current players break records, especially great records held by players in the past," Willis said.

The Knights finished the season 6-4 overall and 5-3 in the IIAC, placing them third in the conference.

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## Wrestling makes season debut in Ames

ERIC THIELE ASSISTANT SPORTS EDITOR

The Knights wrestling team made their season debut at the Harold Nichols Open in Ames on Saturday.

John Helgerson (Hwt.) took second place. Helgerson started off the tournament by defeating Iowa State's Eric Thompson.

Helgerson took the momentum from his win over Thompson and carried it to the following rounds to defeat every opponent he faced, which got him to the championship match.

In the championship, Helgerson was defeated by Iowa State's David Zabriskie, a Div. I All-American in 2008 and 2009, in a 3-0 decision.

"I think he set a good example and beat some wrestlers people didn't think he could. He set a good example by how he competed, and we need more people to be doing that," head coach Jim Miller said.

Adding to a strong showing from the Knights, T.J. Moen (149 lbs.) took fourth place.

Moen won his first three matches, but lost in the semifinals to Iowa State's Mitch Mueller, the eventual weight class champion.

Moen was then defeated in the third place match by Esai Dominguez of the University of Nebraska-Omaha by a 14-5 decision.

"We had a real tough venue to start the season. It was a heck of a way to start the season for our guys," Miller said.

Sean White (133 lbs.) took sixth place. White class lost his first match and then in the wrestleback, won five straight matches before losing in the wrestleback semifinals third place match.

White would then fall in the fifth place match by pin fall at 6:05.

Byron Tate (197 lbs.) took sixth place. Tate had a first round bye and won his second round match, but was defeated by Iowa State's Jake Varner in the quarterfinals.

In the wrestleback, Tate won his next two matches but was defeated by Iowa's Luke Lofthouse

in the wrestleback semifinals. Tate was then defeated in the fifth place match by a 14-2 decision.

"As hard as our kids think they are working, they always can do more. There is a lot of technical stuff that will expose more weaknesses on our part," Miller said.

The Knights will be splitting the team this week. One team will go to Minneapolis to compete at the Augsburg Auggie Brute-Adidas Open and the other half will go to Mequon, Wisc., to compete at the Concordia Invitational.

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## WARTBURG SPORTS BRIEFS

## WSR Volleyball wins first state title in volleyball

The Waverly-Shell Rock High School volleyball team won their first state championship, on Saturday.

The Go-Hawks defeated Sioux City Bishop Heelan, 3-2 in the 3A final.

Morgan Kuhrt and Kinsey Caldwell were named to the all-tournament team for their efforts.

## Sieck, Swift and Merchant receive volleyball honors

Wartburg's Britlyn Sieck has been named first team All-Conference. Sofie Swift and Channing Merchant were given second team honors as well.

Sieck, a freshmen, finished second in the conference in kills. Swift was fifth in the conference in hitting percentage. Merchant, who finished second in the conference in digs, was an honorable mention last season.

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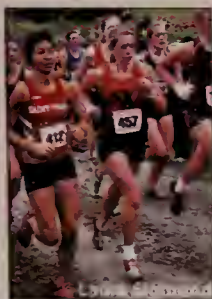
**Football wins home finale**  
The Knights ended their season with a win over the Simpson Storm

7

### UPCOMING SCHEDULE

**Saturday** Wrestling @ Auggie-Brute-Adidas Open in Minneapolis & Concordia Invitational-Mequon, Wisc.  
Women's Cross Country @ NCAA Div. III Championship- Cleveland, Ohio

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Top 20 Women's finishers



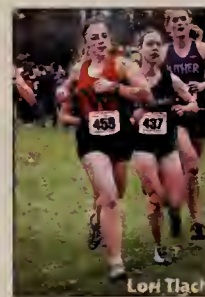
Amanda and Jennifer Kuiken



Grant Moser



Matt Moore



Lori Tlach

Amanda Gahler/TRUMPET

### FROM THE BULLPEN

## Highlights of fall sports

MAC SLAVIN EDITOR-IN-CHIEF

The fall sports seasons have all almost wrapped up by now, and it's about that time to bust out the highlights from the fall seasons.

#### 5. Tennis finishes third at IIAC

The Wartburg women's tennis team had an awesome season earning third place honors at the Iowa Conference Tournament. Molly Eslick finished third individually in flight A, while Jenny Dallenbach captured top honors in flight B and Claire

See TOP FIVE page 6

## Women's XC punches ticket for Cleveland

### Women finish in third, men finish in 11th

DREW SHRADEL STAFF WRITER

The women's cross country team earned an at-large bid to the national championship race after finishing third at the regional race held Saturday in Grinnell.

Anna Kraayenbrink led the Knights finishing second overall with a time of 21:36.

She finished just 21 seconds behind last year's national champion Marie Borner of Bethel.

"Anna had a great race," head coach Steve Johnson said. "It was easily the fastest time she's ever had and, with being so close to the defending champion, was

very exciting."

The Knights had a few bumps and sickness, which brought some new runners to the Knights' top five.

One example is the pairing of Jennifer and Amanda Kuiken. Jennifer finished 14th overall with a time of 22:34 with her sister Amanda finishing 101st due to sickness.

Lori Tlach took the third spot for the Knights, finishing 24th with a time of 22:52.

Brendalyn White finished for the Knights when she finished 32nd with a time of 23:04. Nicole Calabrese rounded out the

top five with a time of 23:39, good enough for 56th overall.

"Brendalyn had the best race of her life and did a good job of being all-regional," Johnson said. "The whole team did great though, and the women will go to nationals."

The No. 5 ranked Knights finished in third with 128 points. Carleton won the meet with 95 points.

The men finished in 11th, five places better than their finish last year.

Jon Stover led the team to their 11th place finish with an all-region finish of 28th and a

time of 25:59.

"Stover has been running great all year and has really stepped forward to be a leader on the team," Johnson said.

For the rest of the team, Sam Sturtz finished in 46th with a time of 26:33.

Grant Moser finished in 55th with a time of 26:41.

Jon Sturm finished in 60th with a time of 26:45 and rounding out the top five for the Knights was Matt Moore with a time of 27:03 good enough for 81st.

"I am very happy with how the

See KNIGHTS HEAD page 6

## Men's soccer falls in shootout of second round of NCAA tournament

ANDREW NOSTVICK SPORTS EDITOR

The men's soccer season came to an end after falling to Calvin College in a shootout Saturday night in Wheaton, Ill. The match was in the second round of the national tournament.

Both Wartburg and Calvin went 90 minutes without scoring a goal. Neither team scored a goal in overtime, which forced the shootout.

Calvin jumped out to a 2-0 lead in the shootout, following kicks made by Scott Hooker and Dam Kmetz. Luke Prater and Brandon Cook missed two shots for Wartburg.

Josh Palmer scored the first

point in the shootout for Wartburg. Josh Inglebright scored again for Wartburg, putting the score at 2-2.

However, Calvin's Joe Broekhuizen scored the go-ahead point. Wartburg's Geoff Miller missed the final shot, thus eliminating them from the tournament.

The Knights defeated the University of Chicago in the first round, 2-1 on Friday.

Nate Hedrington helped give the Knights a lead with a goal via a header in the second minute of the match. The goal was assisted by Kyle McKenna and was Hedrington's 13th of the season.

The Maroons scored just a few minutes later when Kenso Manners scored in the ninth minute.

"I think we needed to play a little bit better in the first half. I think we took the pedal off thinking this was going to be our game and you can't do that in the national tournament," head coach T.J. Buchholz said.

The go-ahead goal for the Knights didn't come until the 62nd minute when Brandon Cook scored on an assist by Hedrington. The goal was Cook's 12th of the season.

"Normally when we get a goal, we kind of get complacent and

See FIRST NCAA page 6



Photo Courtesy of Sports Information

Geoff Miller takes the ball up the field at Joe Bean Stadium in Wheaton, Ill. against the University of Chicago on Friday.